**JOIN THE LARGEST PROGRAM IN ARIZONA!** 



Open House Apr 28th & May 4th

★ Clinics May 6<sup>th</sup> & 7<sup>th</sup>

TRYOUTS MAY 8<sup>th</sup> & 9<sup>th</sup>
USAGymAZ.com 480 926 1480
1530 S. Gilbert Rd., Gilbert, AZ 85296





**Welcome to the USA STARZ program!** We are the both the largest cheer program in the Valley and the largest youth training facility in Arizona! USA Starz offers cheer teams ranging in age from Tiny (ages 4 – 5) to International Teams (ages 14 and up). We have programs for both All Star Cheer and Prep Teams!

### Why are we successful?

We have developed our cheer program to build strength, flexibility and the technical skills to be successful in the sport. Our USA cheer coaches are former college and All-Star cheer athletes that are USASF certified with years

of experience coaching in successful programs. Our tumbling coaches are college or level 10 athletes that have been coaching with us for years. USA has been coaching competitive teams in the East Valley for over 35 years. We have 3 large gyms at two locations in Gilbert and Queen Creek. We have over 100 coaches on staff!

## **ALL STAR CHEER**

# Join us for Tryout Clinics:

We are excited for you to meet our coaches and visit our facility! USA will host an Open House on Tuesday, April 28<sup>th</sup> at 7:00 and Monday, May 4<sup>th</sup> at 7:00.

Clinics will be held on Wednesday and Thursday, May 6 and 7. Tryouts will be held Friday and Saturday, May 8 and 9. Attending clinics during the appropriate age level is required. The clinics are an opportunity for the coaches to evaluate the athlete's jumps, tumbling and skills. It allows the new team member to meet other members on team and the coaches! Friday and Saturday the athletes will be evaluated for their skills and to identify their best placements.

Clinics for the 2015 - 2016 Season are Wednesday and Thursday, May 6 and 7:

 Ages:
 Day
 Times

 4 - 8
 Wed/Thurs
 4:00 - 5:30pm

 9 - 14
 Wed/Thurs
 5:30 - 7:30pm

 15 +
 Wed/Thurs
 7:30 - 9:00pm







Website:www.usagymaz.com Email: leslie@usagymaz.com/sherry@usagymaz.com

Page 2

# **Clinic and Try-Out Check List:**

<b>U</b>	Be sure to arrive with these items already completed:
	Copy of Birth Certificate and ID (unless currently a Starz Team Member)
	Application and Release Form
	Completed membership form (online at <a href="www.usagymaz.com">www.usagymaz.com</a> under the parent portal)
	<b>\$45</b> Clinic / Tryout fee for new members / <b>\$35</b> for returning team members



New members must attach a school picture / or other picture to their application,

Last date for all paperwork and fees to be turned in, in order to tryout on May 8<sup>th</sup> and 9th is on Thursday night, May 7th during the Clinics. Paperwork must be turned in and fee must be paid to select a tryout time on Friday and Saturday.

# **Private Try-Out:**

A private try out is possible upon request. A **\$55** fee will be required at the time of the tryout in addition to the required paperwork. Private tryouts can be arranged by calling the gym at 480-926-1480.

### **Team Placements:**

USA follows USASF guidelines and rules for all teams. Each level has both tumbling and stunting requirements that are carefully considered in all placement decisions. Tumbling expectations by level will be handed out during Open House and Clinics. USA places levels that are best fit for the team's strengths. All athletes that try out are placed on a team based on age and skill level. There are many additional factors in the team placement decision. Teams are placed by the coach's best assessment of the skills level of the athlete and the skills needed for a team to be successful. Athletes



have the opportunity to move to a higher team during the summer if the athlete gains additional skills.

# **Program Costs:**

**Gym Tuition:** Annual registration is \$35 per member for the gym. USA offers several benefits for being a member including reduced gym activity fees, open gym access, monthly coupons (via email), a monthly gym newsletter and a free USA T-Shirt. Monthly tuition is:

Tinys: \$110 Practice twice a week for 1 hour – do not travel

Minis: \$125 Practice twice a week for 1.5 hours – do not travel

Level 1 and 2: \$175 Practice twice a week for 2 hours – travel twice in the season

All Level 3, 4 and 5: \$190 Practice three times a week – travel 4 to 5 times during season

International: \$50 Practice three times a week – travel 4 to 5 times during season

# Competition, USASF and PSO fees:

USA has a Parent Support Organization that is a not-for-profit that supports our Special Needs team and provides fund raisers for our athletes that need to raise funds for assistance with competition fees. The PSO also pays USASF the \$35 fee to register athletes. The PSO supports the team members throughout the year and ends the year with a formal Awards Ceremony for our athletes. The annual PSO fees are \$75 per athlete.

An <u>estimate</u> for next year's PSO fees that *include USASF*, competition fees and PSO fees is:

Tiny and Minis: \$475

Youth, Jr and Sr Levels 1 - 3: \$800

Level 4 and 5 Teams: \$875

Worlds Teams: \$800



**Champions Team** 

# Travel Expenses:

Travel expense for out of state competitions is not covered in the PSO Fees. The PSO does provide Charter Buses to out of state competitions and team hotel blocks. The PSO fees do not include additional travel costs for Worlds or Summit bids.

### Other All Star Team Expenses:

Other team fees include:

Uniform costs including bow: \$550 Due June 25

Practice clothes: \$170 Due May 15

Includes: 2 Nike Pros, 3 tank tops and 2 sports bras.

Shoes – Last Pass Shoe Code on line \$75 Ordered online with our code

Choreography camp / music fee \$350 Due July 1 / August 1 depending on camp date

All team members pay for choreography and music – whether they are present for camp or not.

Team Warm Ups, backpacks, and other optional items are for sale during Uniform Ordering









Website:www.usagymaz.com

Email: leslie@usagymaz.com/sherry@usagymaz.com

#### **PREP CHEER TEAMS:**

Prep Cheer Teams hold tryouts in August for the 2015-2016 Season. Both programs are similar, but Prep Teams have a smaller cost and time commitment expectations. All Star Cheer attends 7 to 10 competitions a season, but Prep Teams attend 3 to 4 competitions each season. All competitions attended by the Prep Teams are held in the Phoenix area; there is no traveling involved. Prep Teams practice, with their team, one time per week. They are encouraged to enroll in tumbling class, but it is not a requirement. An <u>estimate</u> of the team costs, in addition to monthly tuition, is:

Uniform and Bow \$140

Shoes \$75

Choreography Camp \$200

Prep Team members are also a part of the Parent Support Organization. (PSO) An estimate of the PSO fees is:

USASF athlete registration fee \$30

Support fund raisers \$75 and sponsor the end of year Awards Banquet

Competition fees \$275

### **Gym Information:**

USA offers several youth sports and competitive teams outside of All-Star Cheer to family members. Siblings receive 20% off tuition, and the discounts continue based on the number of children enrolled. All Starz team members received 50% off all tumbling classes. USA offers over 70 tumbling classes weekly between all three gyms. Starz team members also receive 50% off dance classes and flyer technique / stretching classes. Once your athlete becomes a member of the gym, you will receive information on open gyms, camps, special events, and other important information through our monthly newsletter, emails and website updates.



**Our Amazing Coaches!** 

Our motto is: Friends, teammates, family...for life. We believe that teammates that are friends, will compete well together. While competing and winning IS a fun aspect of being in our program, we also know that developing true friendships and being in an encouraging, positive environment is important too!. That is what makes our program so successful; we are a family who supports one another, the teams and the coaches. The foundation for our gym is Believe, Achieve and Succeed.



1530 S. Gilbert Rd. Gilbert, AZ 85296 (480) 926-1480