

Open House April 14 & May 3 7:00 pm

**★TRYOUTS MAY 11th, 12th & 13th** 

USAgymaz.com

480 926 1480

1530 S. Gilbert Rd., Gilbert, AZ 85296









**Welcome to the USA STARZ program!** At USA we are extremely proud of the program that we have developed over the last 10 years. Although USA is one of the largest programs in Arizona, our gym feels like "home" to many of our staff, coaches, athletes and their families. Our focus will continue to be the personal growth and skill progression of the individual athlete. Our goal is to create an environment where athletes learn the value of commitment, team work, time management and character traits will stay with them beyond the training they receive in the gym.

# Why are we so successful?

We have developed our cheer program to build strength, flexibility and the technical skills to be successful in the sport. We believe every team member can be successful in our program; not just a few. We offer the highest quality and most experienced cheerleading professionals in the state. Our USA cheer coaches are former college and All-Star cheer athletes that are USASF certified with years of experience coaching in successful programs. Our tumbling coaches are college or level 10 athletes that have been coaching with us for years. We have 3 large gyms at two locations in Gilbert and Queen Creek. We have over 120 coaches on our total program staff! We also have the largest youth training facility in Arizona as well! USA Starz offers cheer teams ranging in age from Tiny (ages 4-5) to International Teams (ages 14 and up). We have programs for both All Star Cheer and Prep Teams. This past year we had 12 All Star Teams, 3 Prep Teams, over 70 participants in our Cheer Recreational program, and over 400 students including several high schools in our tumbling classes.



Website:www.usagymaz.com Email: sherry@usagymaz.com

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### **AII STAR CHEER**

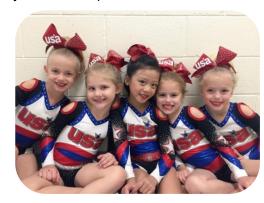
## Join us for Tryouts:

We are excited for you to meet our coaches and visit our facility! USA will host an Open House on Thursday, April 14 and Tuesday, May 3 at 7:00 pm.

Tryouts will be held on Wednesday, Thursday, and Friday May 11, 12 and 13. Call backs for Level 5 teams will be Saturday, May 14. Attending tryouts **all** 3 days during the appropriate age level is required. The additional days of tryouts provide an opportunity for the coaches to evaluate the athlete's jumps, tumbling and skills. It allows the new team member to meet other members on team and the coaches! An email will be sent to the team member's email address on Sunday identifying the team they have been placed on.

### Tryouts for the 2016 - 2017 Season are May 11, 12 and 13:

Ages:	Times
4 – 8	4:00 – 5:00 pm
9 – 14	5:30 – 7:30 pm
15 +	7:30 – 9:00pm



## Try-Out Check List: Due Tuesday, May 10th

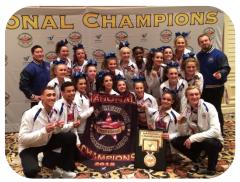
Copy of Birth Certificate and ID (unless currently a Starz Team Member)
Application and Release Form
Completed membership form (see page 8 in this packet)
Clinic / Tryout fee: \$45 for new members / \$30 for returning team members
New members must attach a school picture / or other picture to their application,

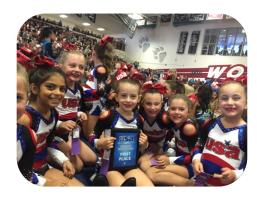
Last date for all paperwork and fees to be turned in, in order to tryout is Tuesday, May 10<sup>th</sup>. Paperwork must be turned in and fee must be paid to attend try-outs.

# **Private Try-Out:**

A private try out is possible upon request. A **\$55 fee** will be required at the time of the tryout in addition to the required paperwork. Private tryouts can be arranged by calling the gym at 480-926-1480. The placement from a private try-out will be done on Sunday with all the other participants. A private try out can also occur after placements if the participant is not available the week of try-outs.







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### **Team Placements:**

USA follows USASF guidelines and rules for all teams. Each level has both tumbling and stunting requirements that are carefully considered in all placement decisions. Tumbling expectations by level will be handed out during Open House and Tryouts. USA places levels that are best fit for the team's strengths. All athletes that try out are placed on a team based on age and skill level. There are many additional factors in the team placement decision. Teams are placed by the coach's best assessment of the skills level of the athlete and the skills needed for a team to be successful. Athletes have the opportunity to move to a higher team during the summer if the athlete gains additional skills.

## **Program Costs:**

**Gym Tuition:** Annual registration is \$35 per member for the gym. USA offers several benefits for being a member including reduced gym activity fees, open gym access, monthly coupons (via email), a monthly gym newsletter and a free USA T-Shirt. Monthly tuition is:

Tinys: \$110 Practice twice a week for 1 hour – travel once in season

Minis: \$125 Practice twice a week for 1.5 hours – travel once in season

Level 1 and 2: \$175 Practice twice a week for 2 hours – travel twice in the season

All Level 3, 4 and 5: \$190 Practice three times a week – travel 4 to 5 times during season

International: \$50 Practice three times a week – travel 4 to 5 times during season

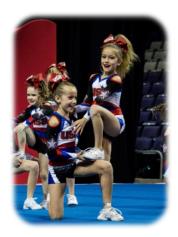
## **Competition Fees:**

An <u>estimate</u> for next year's Competition fees that *includes USASF*, *competition fees* is:

Tiny and Minis: \$570 + \$50 to parent group

Youth, Jr and Sr Levels 1 - 3: \$800 + \$50 to parent group

Level 4 and 5 Teams: \$1,050 + \$50 to parent group



<sup>\*\*</sup> Above schedule includes \$50 that will be provided to the Parent Booster Club to sponsor the year end Awards Ceremony for team members.

### **Competition Fee Schedule:**

Competition fees will be added to monthly tuition on the following dates:

First 50% of the competition fees: August 1

Final 50% of the competition fees: Sept 1



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## **Travel Expenses:**

Travel expense for out of state competitions is not covered in the Competition Fees. The parent group provides Charter Buses to out of state competitions and team hotel blocks when available. The competition fees do not include additional travel costs or fees for Worlds or Summit bids.

### Other All Star Team Expenses:

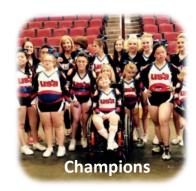
All other team fees will be added to monthly tuition unless paid 5 days before the tuition due date:

Practice Clothes: \$185 Due May 16
Uniform costs including bow: \$385 Due June 1

Choreography camp and music \$350 Due May 16

Shoes – Last Pass Shoe Code on line \$75 Ordered online with our code

Team Warm Ups, backpacks, and other optional items are for sale during Uniform Ordering



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\*\* ALL FEES paid for any of the above listed expenses are <u>non-refundable</u>, including choreography camp, uniform, practice clothes and competition fees. If a team member does not complete the season after joining the team, these fees will not be refunded.



### **PREP CHEER TEAMS:**

Prep Cheer Teams hold tryouts in August for the 2016-2017 Season. The teams from last season continue to practices in classes during the summer months to prepare for try-outs for next year. Both the All Star program and the Prep program are similar, but Prep Teams have a smaller cost and time commitment expectations. All Star Cheer attends 7 to 10 competitions a season, but Prep Teams attend between 4 and 5 competitions each season. All competitions attended by the Prep Teams are held in the Phoenix area; there is no traveling involved. Prep Teams practice, with their team, one time per week. They are encouraged to enroll in tumbling class, but it is not a requirement.

An **estimate** of the team costs, in addition to monthly tuition, is:

Uniform and Bow \$200

Practice Uniform: \$70 (crop-top, shorts and tank top)

Shoes \$75 using the last pass to order online

Choreography Camp \$200

Competition Fees \$335 + \$50 to the parent group

USASF athlete registration fee \$35

PARENT INFO MEETING: August 10th 6:30 Queen Creek Location

TEAM PLACEMENTS: August 20th Practices start in Sept in Queen Creek

TUITION: \$90 to \$120 monthly.





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### **Gym Information:**

USA offers several youth sports and competitive teams outside of All-Star Cheer to family members. Siblings receive 20% off tuition, and the discounts continue based on the number of children enrolled. All Starz team members received 50% off all tumbling classes. USA offers over 70 tumbling classes weekly between all three gyms. Starz team members also receive 50% off dance classes and flyer technique / stretching classes. Once your athlete becomes a member of the gym, you will receive information on open gyms, camps, special events, and other important information through our monthly newsletter, emails and website updates.

Our motto is: Friends, teammates, family...for life.

We believe that teammates that are friends will compete well together. While competing and winning IS a fun aspect of being in our program, we also know that developing true friendships and being in an encouraging, positive environment is important too! That is what makes our program so successful; we are a family who supports one another, the teams and the coaches.

The foundation for our gym is Believe, Achieve and Succeed.



**OUR AMAZING TEAM COACHES!** 





Student #1 Name:	Birthdate:	Circle: M F	Program/Level	Day/Time	
Student #2 Name:	Birthdate:	Circle: M F	Program/Level	Day/Time	
Student #3 Name:	Birthdate:	Circle: M F	Program/Level	Day/Time	
	CONTACT INFORMATION				
Father: Home ( ) Work ( ) Cell ( )					
Mother:	Mother: Home ( ) Work ( ) Cell ( )				
Address: City: State: Zip					
Email Address:	<u> </u>	_ (Required)			
	HOW DID YOU HE	EAR ABOUT	US?		
Active Mom's Magazine Birthday Party Drive-by Exhibition Facebook Kid's & Sports Magazine School USA Website					
-OR-	Referred By:				
Name: Doctor's Name:	EMERGENCY IN t of an emergency and a parent/	/guardian cann  	Phone: () Phone: ()	) <del>-</del> )	
Name: Doctor's Name: Insurance Company:  I give permission to medica	t of an emergency and a parent/	/guardian cann — — — TO TREAT : emergency tr	Phone: (	) ) ) ild should an accident	
Name: Doctor's Name: Insurance Company:  I give permission to medica  PARENT/GUAR	PERMISSION al professionals to administer occur in my	/guardian cann TO TREAT remergency trabsence.  BRIEF nditions and explai	Phone: (	) ) ) ild should an accident 	

Email: sherry@usagymaz.com

Hay Fever	Diabetes (Type I or II?)
Please Explain:	
Is Your Child on any special medication(s)? YES NO	
Describe	
Other Medical Conditions or previous injuries?	

#### **LIABILITY WAIVER (Minor, under 18)**

#### BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN

#### LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE.

I am aware that in addition to the usual dangers and risks inherent in the sport of Gymnastics, Cheerleading, Dance, Trampoline, Tumbling, and other USA Youth Fitness Center activities, certain additional dangers and risks are present when using USA Youth Fitness Center Facilities, Gymnastics Equipment and Trampoline, including, but not limited to, the danger and risk of falling, jumping, landing, height and motion. By signing this waiver, I freely accept and fully assume responsibility for all such dangers and risks and the possibility of personal injury, death, property damage or loss resulting therefrom.

In consideration of utilizing the USA Youth Fitness Center Facilities Gymnastics Equipment and Trampolines and for other good and valuable consideration, I hereby agree as follows:

- 1. TO WAIVE ANY AND ALL CLAIMS for personal injury including death, illness, and/or property damage that my child may have against USA Youth Fitness Center, their principals, directors, sponsors, affiliates, employees, representatives and any volunteers in any way associated with USA Youth Fitness Center, all of whom are herinafter collectively referred to as "the Releasees".
- 2. TO RELEASE THE RELEASEES FROM ANY AND ALL LIABILITY for any loss, damage, injury, death, medical or other expense that my child may suffer or that any other party may suffer as a result of my use of USA Youth Fitness Center Facilities Gymnastics Equipment and Trampolines or in my child's participation in the sports of Gymnastics, Trampoline, Tumbling, Cheerleading, Dance or other USA Youth Fitness Center activities.
- 3. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any property damage or personal injury to any third party, resulting from my use of USA Youth Fitness Center Facilities Gymnastics Equipment and Trampolines or by my child's participation in the sports of Gymnastics, Trampoline, Tumbling, Cheerleading, Dance or other USA Youth Fitness Center activities.
- **4. THIS RELEASE OF LIABILITY SHALL BE EFFECTIVE AND BINDING** upon my heirs, next of kin, executors, administrators, successors, and assigns in the event of my child's personal injury including death, illness, and/or property damage.
- 5. I ADDITIONALLY AGREE that my child shall follow correct safety procedures when using USA Youth Fitness Center Facilities Gymnastics Equipment and Trampolines. I also expressly grant to USA Youth Fitness Center, and any third party authorized by them, the right to film, videotape, photograph, record my child's voice, may be printed, used or incorporated, and in the advertising of the Facility, Facility products, licensed products, and all affiliated relationships.

I HEREBY CERTIFY THAT my child is covered by his/her own Medical Insurance, and that I have read and understand this Release of Liability prior to signing it, and I am aware that by signing this Release of Liability I am waiving certain legal rights which I, my child, or our heirs, next of kin, executors, administrators, successors, and assigns may have against the Releasees.

USA Youth Fitness Center shall have the right to impose any additional conditions which, in the opinion of the Releasees, will further the intent and legal rights and waivers provided herein.

This Liability Waiver was made and executed in the State of Arizona and shall be governed by, enforced in and construed in accordance with the laws of the State of Arizona.

I acknowledge that in executing this Waiver, I am not relying on any inducements, promises, or representations made by the Releasees.

I am acting on behalf of the student's other parent in signing this contract and I have authority to bind such other parent to the terms and conditions of this contract on his or her behalf.

Website:www.usagymaz.com Email: sherry@usagymaz.com

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Parent/Legal Guardian Signature

Print Name Here

Date