

USA Invite TNT 2020

Competition Schedule

Saturday 2/15/2020

Sun Devil Fitness Center

400 E. Apache Blvd. Tempe, AZ 85287

Session 1 Levels 8+

| | | | | |
|-------|-----------------------------------|---|--|---|
| 8:00 | Synchro | Exhibition following USAG synchro rules and divisions | | |
| 8:15 | open stretch | | | |
| 8:30 | Warm up (1hr warm up and touches) | | | |
| 9:30 | March in | TR | TU | DM |
| 9:45 | A1 | L8 MF 13-14 | L8, L9, L10, YE F 11-12, 13-14, L8 M 11-12 | L10's from Aspire, GFI, and USA, L9 MF 15+ |
| 10:15 | A2 | Elites All | L8 L9 MF 15+ | L8 MF 15+ |
| 10:45 | A3 | L10 all | L8 F 15+ | L9 MF 11-12, 13-14, YE 11-12, 13-14, L8 M 11-12 |
| 11:15 | A4 | L9 all | - | L10's from Air Sports, Old Pueblo and NVG, JE, SE, L8 F 11-12 |
| 11:45 | A5 | L8 MF 11-12, 15+ | L10 MF 15+ | L8 MF 13-14, L9 MF 15+ |
| 12:30 | Awards | | | |

Session 2 Levels 5-7

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|------|---|------------------------------|---------------------------------|----------------------|
| 1:15 | open stretch | | | |
| 1:30 | Warm up (30 minute warm up and touches) | | | |
| 2:00 | March in | <u>TR</u> | <u>TU</u> | <u>DM</u> |
| 2:20 | B6 | L5 L6 L7 MF 9-10, L7 M 13-14 | L6 L7 F 13-14 | L5 L6 L7 MF 11-12 |
| 2:40 | B7 | L5 MF 13-14, L6 M 13-14 | L5 MF 15+, L6 L7 MF 11-12 | L7 MF 13-14 |
| 3:00 | B8 | L7 F 13-14, L6 F 13-14 | L5 MF 9-10, 11-12, L5 M 13-14 | L5 L6 L7 MF 15+ |
| 3:20 | B9 | L5 F 11-12, L6 L7 MF 11-12 | L6 MF 15+, L7 M 15+, L6 M 13-14 | L5 L6 MF 13-14 |
| 3:40 | B10 | L5 L6 L7 MF 15+, L5 M 11-12 | L5 F 13-14, L7 F 15+ | L5 L6 L7 MF 8u, 9-10 |
| 4:00 | Awards | | | |

Session 3 Levels 1-4

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|------|-------------------------|---------------------------------------|---|-----------------------------------|
| 4:45 | open stretch | | | |
| 5:00 | March in (touches only) | <u>TR</u> | <u>TU</u> | <u>DM</u> |
| 5:20 | C11 | L1-4 MF 8U, L1 L2 MF 9-10, L1-2 F 7-8 | L4 MF 13-14, 15+, L4 MF 11-12 from NVG AZD | L4 MF 11-12, 13-14 |
| 5:40 | C12 | L1-3 MF 11+ | L1-2 MF 6U, 7-8, L4 MF 11-12 from Aspire, Bling, Dazzlers L4 M 13-14 from Bling | L1-4 F 9-10 |
| 6:00 | C13 | L4 MF 11-12, 13-14, 15+ | L1 L2 MF 9-10 | L1-3 MF 11+, L1 MF 6U, L1-2 F 7-8 |
| 6:20 | C14 | L3 L4 MF 9-10 | L2 L3 MF 11+, L3 M 9-10, L1-2 F 7-8 | |
| 6:40 | C15 | | L1 MF 11+, L3 F 9-10, L4 F 9-10 | L1-4 M 9-10 |
| 7:00 | Awards | | | |

USA INVITATIONAL

FEBRUARY 15, 2020

ADMISSIONS:

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|------------------------------------|------|
| Adult – all sessions | \$15 |
| Child (age 5-12) all day | \$5 |
| Child (4 or younger) | Free |
| Military - all sessions | \$10 |
| Senior (65 or better)–all sessions | \$10 |

Parking:

There is a parking garage across the street from the Fitness Center, they used to not charge on the weekends, but because Gammage Auditorium bought out the garage, any time they have a show, they charge to park on Saturday and Sunday during certain times. Expect to pay \$10.00 to park for sessions on Saturday even though it looks as if they don't have any shows playing this Saturday, which means we could get lucky with free parking.

Free parking alternative on Saturday is the Rural road (Lemon St.) parking structure, which is walking distance to SDFCT fitness center and will avoid the Gammage traffic. See map below.

