

Friday – January 28th, 2022 – NGA

Session 1 -	- Levels 2, 3, 4 & XS	Session 2	A – XG, XP, 6, 7, 8, 9, 10
3:00 pm	Open warm-up	5:45 pm	Open warm-up

3:20 pm March in 6:15 pm March in 3:30 pm Compete 6:35 pm Compete

5:15 pm Awards 8:30 pm Awards

Saturday – January 29th, 2022 – USAG

Session 3 -xcel Gold Session 4 - Level 6 & XP

8:00 am	Open warm-up	10:45 am	Open warm-up
8:20 am	March in	11:05 am	March in
8:30 am	Compete	11:15 am	Compete

10:15 am Awards 1:30 pm Awards

Session 5 - Levels 7 & 8 Session 6 - Levels 9-10 & XD

2:00 pm	Open warm-up	5:30 pm	Open warm-up
2:20 pm	March in	5:50 pm	March in
2:30 pm	Compete	6:00 pm	Compete
5:00 pm	Awards	7:30 pm	Awards



Sunday – January 30th, 2022 – USAG

Session 7 -Level 2, XB, XS Session 8 - Level 3 & XS

9:00 am	Open warm-up	11:15 am	Open warm-up
9:20 am	March in	11:35 am	March in
9:30 am	Compete	11:50 am	Compete
10:45 am	Awards	1:30 pm	Awards

Session 9 -Level 4, 5 & XG

2:00 pm Open warm-up

2:20 pm March in

2:30 pm Compete

4:30 pm Awards

Location: ASU Sun Devil Fitness Center

400 E. Apache Blvd.

Tempe, AZ 85287

^{**}Awards will be held in a different room from the competition gym.