



SATURDAY, JANUARY 17, 2026

GYM A – USAG Women

Session 01A – Lvl's XB/2 (71)	Session 02A – Level XS (71)	Session 03A – Level 3 (66)	Session 04A – Levels 4/5 (64)	Session 05A – Level XG (67)
O.Stretch 8:00, MI 8:15, Awards 10:20	O.Stretch 10:35, MI 10:50, Awards 1:00	O.Stretch 1:15, MI 1:30, Awards 3:45	O.Stretch 4:00, MI 4:15, Awards 6:30	O.Stretch 6:45, MI 7:00, Awards 9:25
LEVEL 2S ANCHORAGE AK IMPACT AZ RADIANT AZ LEVEL XB OLD PUEBLO AZ SYNERGY AZ USA ILLUSIONS (15) XTREME (13)	ASPIRE AZ DESERT THUNDER AZ INFLUENCE AZ OLD PUEBLO AZ SPOKANE WA SUMMIT AZ SURPRISE ANGELS AZ SYNERGY AZ	ANCHORAGE AK CRUCES NM IMPACT AZ MAVERICKS TX PONO HI RADIANT AZ SURPRISE ANGELS AZ WICHITA KS XTREME AZ	ANCHORAGE AK CRUCES NM IMPACT AZ MAVERICKS TX RADIANT AZ SURPRISE ANGELS AZ WICHITA KS XTREME AZ	ANCHORAGE AK ASPIRE AZ DESERT THUNDER AZ LYONS CA MAVERICKS TX SPOKANE WA SYNERGY AZ USA ILLUSIONS 13 WICHITA KS

GYM B – NGA Women

NGA Session 01B – 2BN/3N (69)	NGA Session 02B – SN/4N/5N (60)	NGA Session 03B – GN/6N/PN/7N/8N/9N (59)	USAG Session 04B – XD/XSA (26)
O.Stretch 8:00 MI 8:15 Awards 10:20	O.Stretch 10:40 MI 10:55 Awards 1:00	O.Stretch 1:20 MI 1:40 Awards 4:15	O.Stretch 4:30 MI 4:50 Awards 7:00
ASPIRE AZ Elite UT SANTA ROSA CA USA ILLUSIONS AZ	EMPOWER CA SANTA ROSA CA USA ILLUSIONS AZ	Elite UT EMPOWER CA SANTA ROSA CA USA ILLUSIONS AZ	ANCHORAGE AK DESERT THUNDER AZ MAVERICKS TX OLD PUEBLO AZ SUMMIT AZ SYNERGY AZ

SUNDAY, JANUARY 18, 2026

GYM A – USAG Women

USAG 06A – Level XP (58)	USAG 07A – Level 6 (64)	USAG 08A – Level 7 (43)	USAG 09A – Levels 8/9/10 (59)
O.Stretch 8:00 MI 8:20 Awards 10:55	O.Stretch 11:15 MI 11:35 Awards 2:10	O.Stretch 2:25 MI 2:45 Awards 4:40	O.Stretch 5:00 MI 5:20 Awards 8:20
ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS DESERT THUNDER AZ DK GYMNASTICS AZ LYONS CA MAVERICKS TX OLD PUEBLO AZ PGA AZ SURPRISE ANGELS AZ SYNERGY AZ WICHITA KS	ANCHORAGE AK AZ OLYMPIANS CRUCES NM IMPACT AZ INFLUENCE AZ MAVERICKS TX PGA AZ SUMMIT AZ SURPRISE ANGELS AZ SYNERGY AZ USA ILLUSIONS WICHITA KS XTREME AZ	ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS CRUCES NM INFLUENCE AZ MAVERICKS TX PONO HI SUMMIT AZ SYNERGY AZ USA ILLUSIONS WICHITA KS XTREME AZ	ANCHORAGE AK CROSSPOINT PA DESERT THUNDER AZ IMPACT AZ MAVERICKS TX PGA AZ PONO HI SUMMIT AZ SYNERGY AZ USA ILLUSIONS WICHITA KS XTREME AZ

GYM B – MEN

USAG Session 06B – Levels 5/6/8 (64)	USAG Session 07B – Level 7 (48)	USAG Session 08B – Levels 9/10 (65)
Open Stretch 8:00 MI 8:20 Awards 11:30	Open Stretch 12:00 MI 12:20 Awards 3:30	Open Stretch 4:00 MI 4:20 Awards 8:00
ANCHORAGE AK ASPIRE AZ BILTMORE AZ DESERT THUNDER AZ GWC AZ GYM MAGIC NM IRON CROSS TX NORTH VALLEY AZ OLD PUEBLO AZ RISING SKY AZ USA FLAIRS AZ XTREME AZ	ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS CROSSPOINT PA CRUCES NM FLAGSTAFF AZ GWC AZ GYM MAGIC NM IRON CROSS TX OLD PUEBLO AZ RISING SKY AZ USA FLAIRS AZ XTREME AZ	ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS CROSSPOINT PA GWC AZ GYM MAGIC NM IRON CROSS TX NORTH VALLEY AZ OLD PUEBLO AZ USA FLAIRS AZ XTREME AZ

GYM B – TNT

USAG Session T01	USAG Session T02	USAG Session T03	USAG Session T04

MONDAY, JANUARY 19, 2026

GYM A - Women

USAG Session 10A – Level XG (78)	USAG Session 11A – Level XB (81)	USAG Session 12A – Level XS (81)
O.Stretch 8:00, MI 8:15, Awards 11:10	O.Stretch 11:25, MI 11:40, Awards 1:55	O.Stretch 2:10, MI 2:25, Awards 4:45
AZ OLYMPIANS DK GYMNASTICS AZ FLAGSTAFF AZ INFLUENCE AZ OLD PUEBLO AZ PGA AZ RADIANT AZ SUMMIT AZ USA ILLUSIONS 14	AZ OLYMPIANS DK GYMNASTICS AZ ESTRELLA AZ FLAGSTAFF AZ RADIANT AZ USA ILLUSIONS 16 XTREME AZ 13	AZ OLYMPIANS DK GYMNASTICS AZ ESTRELLA AZ FLAGSTAFF AZ PGA AZ RADIANT AZ USA ILLUSIONS AZ

GYM B – Men

USAG Session 10B – Level 4 (35)	USAG Session 11B – Level 3 (42)	NGA Session 12B – Levels 2N-9N (58)
O.Stretch 8:00 MI 8:15, Awards 10:30	O.Stretch 10:45 MI 11:00, Awards 1:15	O.Stretch 1:30 MI 1:50, Awards 4:30
ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS CRUCES NM DESERT THUNDER AZ GWC AZ GYM MAGIC NM IRON CROSS TX NORTH VALLEY AZ OLD PUEBLO AZ RISING SKY AZ XTREME AZ	ASPIRE AZ AZ OLYMPIANS CRUCES NM DESERT THUNDER AZ FLAGSTAFF AZ GWC AZ GYM MAGIC NM OLD PUEBLO AZ RISING SKY AZ XTREME AZ	Elite UT Storm Elite AZ USA Flairs AZ