



SATURDAY, JANUARY 17, 2026

GYM A – USAG Women

Session 01A – Lvl's XB/2	Session 02A – Level XS	Session 03A – Level 3	Session 04A – Level XG	Session 05A – Level 7
O.Stretch 8:00, MI 8:15, Awards 10:20	O.Stretch 10:35, MI 10:50, Awards 1:05	O.Stretch 1:20, MI 1:35, Awards 4:05	O.Stretch 4:20, MI 4:35, Awards 6:55	O.Stretch 7:10, MI 7:30, Awards 9:35
LEVEL 2S ANCHORAGE AK IMPACT AZ RADIANT AZ TUCSON AZ LEVEL XB OLD PUEBLO AZ SYNERGY AZ USA ILLUSIONS (17) XTREME (9)	ASPIRE AZ DESERT THUNDER AZ INFLUENCE AZ OLD PUEBLO AZ SPOKANE WA SUMMIT AZ SURPRISE ANGELS AZ SYNERGY AZ	ANCHORAGE AK CRUCES NM IMPACT AZ MAVERICKS TX PONO HI RADIANT AZ SOUTHWEST AZ SURPRISE ANGELS AZ TUCSON AZ WICHITA KS XTREME AZ	ANCHORAGE AK ASPIRE AZ DESERT THUNDER AZ LYONS CA MAVERICKS TX SPOKANE WA SUMMIT AZ SYNERGY AZ USA ILLUSIONS 10 WICHITA KS	ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS INFLUENCE AZ MAVERICKS TX PONO HI SOUTHWEST AZ SUMMIT AZ SYNERGY AZ TUCSON AZ USA ILLUSIONS AZ WICHITA KS

GYM B –Women

NGA Session 01B – 2BN/3N	NGA Session 02B – SN/4N/5N	NGA Session 03B – GN/6N/PN/7N/8N/9N	USAG Session 04B – LEVELS 4/5
O.Stretch 8:00 MI 8:15 Awards 10:20	O.Stretch 10:40 MI 10:55 Awards 1:10	O.Stretch 1:30 MI 1:50 Awards 4:30	O.Stretch 4:50 MI 5:05 Awards 8:00
ASPIRE AZ ELITE UT SANTA ROSA CA USA ILLUSIONS AZ	EMPOWER CA SANTA ROSA CA USA ILLUSIONS AZ	ELITE UT SANTA ROSA CA USA ILLUSIONS AZ	ANCHORAGE AK CRUCES NM IMPACT AZ MAVERICKS TX RADIANT AZ SOUTHWEST AZ SURPRISE ANGELS AZ TUCSON AZ WICHITA KS XTREME AZ

SUNDAY, JANUARY 18, 2026

GYM A – USAG Women

USAG 06A – Level XP	USAG 07A – Level 6	USAG 08A – Levels 8/XD/XSA	USAG 09A – Levels 9/10
O.Stretch 8:00 MI 8:20 Awards 10:55	O.Stretch 11:10 MI 11:30 Awards 2:20	O.Stretch 2:40 MI 3:00 Awards 6:05	O.Stretch 6:20 MI 6:40 Awards 9:10
ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS BILTMORE AZ DESERT THUNDER AZ DK GYMNASTICS AZ LYONS CA MAVERICKS TX OLD PUEBLO AZ PGA AZ SURPRISE ANGELS AZ SYNERGY AZ WICHITA KS	ANCHORAGE AK AZ OLYMPIANS CRUCES NM IMPACT AZ INFLUENCE AZ MAVERICKS TX PGA AZ SUMMIT AZ SURPRISE ANGELS AZ SYNERGY AZ TUCSON AZ USA ILLUSIONS AZ WICHITA KS XTREME AZ	ANCHORAGE AK BILTMORE AZ CROSSPOINT PA DESERT THUNDER AZ IMPACT AZ MAVERICKS TX OLD PUEBLO AZ PGA AZ PONO HI SUMMIT AZ SYNERGY AZ USA ILLUSIONS AZ WICHITA KS	CROSSPOINT PA MAVERICKS TX PGA AZ PONO HI SUMMIT AZ TUCSON AZ USA ILLUSIONS AZ XTREME AZ

GYM B – MEN

USAG Session 06B – Levels 5/6/8	USAG Session 07B – Level 7	USAG Session 08B – Levels 9/10
Open Stretch 8:00 MI 8:20 Awards 11:30	Open Stretch 12:00 MI 12:20 Awards 3:30	Open Stretch 4:00 MI 4:20 Awards 8:00
ANCHORAGE AK ASPIRE AZ DESERT THUNDER AZ GWC AZ GYM MAGIC NM IRON CROSS TX NORTH VALLEY AZ OLD PUEBLO AZ RISING SKY AZ SOUTHWEST AZ USA FLAIRS AZ XTREME AZ	ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS CROSSPOINT PA CRUCES NM DIAMONDBACKS AZ FLAGSTAFF AZ GWC AZ GYM MAGIC NM IRON CROSS TX OLD PUEBLO AZ RISING SKY AZ SOUTHWEST AZ USA FLAIRS AZ XTREME AZ	ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS CROSSPOINT PA GWC AZ GYM MAGIC NM IRON CROSS TX NORTH VALLEY AZ OLD PUEBLO AZ USA FLAIRS AZ

GYM T – TNT

USAG Session T01	USAG Session T02	USAG Session T03

MONDAY, JANUARY 19, 2026

GYM A - Women

USAG Session 10A – Level XG	USAG Session 11A – Level XB	USAG Session 12A – Level XS (82)
O.Stretch 8:00, MI 8:15, Awards 11:10	O.Stretch 11:25, MI 11:40, Awards 1:50	O.Stretch 2:10, MI 2:25, Awards 4:45
AZ OLYMPIANS DK GYMNASTICS AZ FLAGSTAFF AZ INFLUENCE AZ OLD PUEBLO AZ PGA AZ RADIANT AZ USA ILLUSIONS 17	AZ OLYMPIANS DK GYMNASTICS AZ ESTRELLA AZ FLAGSTAFF AZ RADIANT AZ USA ILLUSIONS (13) XTREME AZ (17)	AZ OLYMPIANS DK GYMNASTICS AZ ESTRELLA AZ FLAGSTAFF AZ PGA AZ RADIANT AZ USA ILLUSIONS AZ

GYM B – Men

USAG Session 10B – Level 4	USAG Session 11B – Level 3	NGA Session 12B – Levels 2N-9N
O.Stretch 8:00 MI 8:15, Awards 10:30	O.Stretch 10:45 MI 11:00, Awards 1:15	O.Stretch 1:30 MI 1:50, Awards 4:30
ANCHORAGE AK ASPIRE AZ AZ OLYMPIANS CRUCES NM DESERT THUNDER AZ GWC AZ GYM MAGIC NM IRON CROSS TX NORTH VALLEY AZ OLD PUEBLO AZ RISING SKY AZ SOUTHWEST AZ XTREME AZ	ASPIRE AZ AZ OLYMPIANS CRUCES NM DESERT THUNDER AZ FLAGSTAFF AZ GWC AZ GYM MAGIC NM NORTH VALLEY AZ OLD PUEBLO AZ RISING SKY AZ SOUTHWEST AZ XTREME AZ	BILTMORE AZ ELITE UT STORM ELITE AZ USA FLAIRS AZ

GYM T – TNT

USAG Session T01	USAG Session T02